

Before Participating in a Clinical Trial

What You Need to Know

Before volunteering for a clinical trial, it is important to learn as much as possible about the trial and the care you can expect to receive while you are in it. You may wish to ask the questions below before making a decision about whether to enroll in a clinical trial.

- What is the purpose of the study?
- Who is going to be in the study?
- Why do researchers believe the experimental treatments being tested may be effective?
- Has it been tested before?
- What kinds of tests and experimental treatments are involved?
- How do the possible risks, side effects, and benefits in the study compare with my current treatment?
- How might this trial affect my daily life?
- How long will the trial last?
- Will hospitalization be required?
- Who will pay for the experimental treatment?
- Will I be reimbursed for other expenses?
- What type of long-term follow up care is part of this study?
- How will I know that the experimental treatment is working?
- Will results of the trial be provided to me?
- Who will be in charge of my daily care?

What is Informed Consent?

Informed consent is the process of learning key facts about a clinical trial before deciding whether or not to participate in it. When an individual enrolls in a clinical trial, the research team will provide them with an informed consent document that includes details about the study including its purpose, duration, required procedures, and key contacts. Risks and potential benefits of the clinical trial also are explained in the informed consent document.

AWAREforAll

Saturday, March 28, 2009 • 9–2 pm • Drexel University
Edmund D. Bossone Research Enterprise Center
South side of Market Street between 31st and 32nd Streets
Philadelphia, PA



990 Washington Street, Suite 101 S
Dedham, MA 02026

REGISTER NOW: Visit www.awareforall.org/philadelphia, email aware@ciscrp.org or call toll-free 1-877-MED-HERO

Clinical Research Education Day

AWAREforAll

Saturday, March 28, 2009 • 9–2 pm • Drexel University, Edmund D. Bossone Research Enterprise Center, South side of Market Street between 31st and 32nd Streets, Philadelphia, PA

Join CISCRP for the 3rd Annual Philadelphia Clinical Research Education Day

AWAREforAll



Aware for All is an educational program that is **free and open to the public** to help people make informed decisions about clinical research participation.

Features of the Day

- Complimentary Breakfast Reception
- What Clinical Research Means for You
- Informational/Educational Sessions with free lunch
- Clinical Research Handbook given to all attendees
- Local residents discuss their participation in clinical research
- Free Art Exhibit

Plus...Free Health Screenings

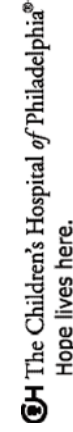
- HIV Screening
- Body Mass Index
- Breast & Prostate Cancer
- Diabetes
- Vision
- Blood Pressure

Keynote Address

Alex's Lemonade Stand
Foundation for Childhood Cancer
Liz and Jay Scott, Alex's Parents



In collaboration with



Join CSCRIP and...

Action AIDS, Lupus Foundation, Parkinson's Disease Foundation, Hepatitis B Foundation, National Association for Contingence, National Organization for Rare Disorders, Sickle Cell Disease Association - Philadelphia, Delaware Valley Chapter, ACRP Chapter of the Greater Philadelphia Area, CRI Worldwide, MDS Harris, Quorum Review, Roche, Sanofi Aventis and many more...

Honorary Co-Chairs



Senator Arlen Specter



Governor Edward G. Rendell



Mayor Michael A. Nutter

Opening Presentation



What Clinical Research Means to You
Dr. Calvin B. Johnson
Vice President and Chief Medical Officer,
Temple University Health System

Keynote Address



Liz and Jay Scott, Alex's Parents
Alex's Lemonade Stand
Foundation for Childhood Cancer

AWAREforAll

will be held at

Drexel University
Edmund D. Bossone Research
Enterprise Center
South side of Market Street
between 31st and 32nd Streets
Philadelphia, PA

PUBLIC TRANSPORTATION SEPTA Subway & Trolleys: The Market-Frankford Line (the Blue Line) stops at 30th and 34th Streets and all trolley trains (the Green Lines) stop at 30th and 33rd Streets. Proceed to the south side of Market Street between 31st and 32nd Streets.

PARKING Drexel University parking garage at 34th and Ludlow Streets is open on Saturdays from 7am-7pm and has a flat rate of \$11.

FOR MORE INFO contact Jill McNair at 1-877-MED HERO or check the website at www.awareforall.org/philadelphia.

SPECIAL ART EXHIBIT available to all AWARE for All attendees throughout the program. *Ink Not Ink* will bring together, for the first time, some of China's most influential artists today presenting works in video, painting, sculpture and film.

AGENDA: Saturday, March 28, 2008

9:00 AM—2:00 PM **Health Screenings**
Information Alley Exhibit Area
Educational Handbooks
CyberCafe

8:45 AM—9:00 AM **Breakfast**

9:00 AM—10:00 AM **Opening Session**

Opening Remarks

Dr. Kenny Simansky, Vice Dean for Research
Drexel University College of Medicine

What Clinical Research Means to You

Dr. Calvin Johnson
Temple University Health System

10:15 AM—11:15 AM **Session 1 Workshops** (choose one)

The Role of Women and Minorities as Clinical Research Participants

Deborah Watkins Bruner, RN, PhD, FAAN
Abramson Cancer Center, University of
Pennsylvania (Prostate Cancer Screening
in African-American Men)

Parviz Hanjani, MD, Gynecologic Oncology
Institute, Abington Memorial Hospital
(GYN Malignancies)

Edith P. Mitchell, MD, FACP, Kimmel
Cancer Center at Jefferson (Colon Cancer)

The Role of the Healthy Volunteer in Clinical Research

Walter K. Kraft, MD, MS
Thomas Jefferson University

Daniel Weiss, MD, MDS Pharma Services

Clinical Research Focus on Diabetes, Metabolic Syndrome and Obesity

Bonita Falkner, MD
Thomas Jefferson University

Gary Foster, PhD, MS
Temple University School of Medicine

What Every Parent Needs to Know About Their Child's Participation in Clinical Research

Agnieshka Baumritter, MS, The Children's
Hospital of Philadelphia (Teen Smoking-
Cessation Program)

Jill A. Foster, MD, St. Christopher's Hospital
for Children (Adolescent HIV/AIDS)

Jill P. Ginsberg, MD, The Children's Hospital
of Philadelphia (Cancer Survivorship)

Michael McConnell, Parent of a Child
Clinical Trial Volunteer

Clinical Research Focus on Cancer

Ari Brooks, MD
Drexel University (Breast Cancer)

Roger B. Cohen, MD
Fox Chase Cancer Center

Evelyn Gonzalez, MA, NCI's Cancer
Information Service, Atlantic Region

Eugene P. Kennedy, MD, Thomas Jefferson
University (Pancreatic Cancer)

11:30 AM—12:30 PM

Session 2 Workshops

 (choose one)

Personalized Medicine: What it is and its Role in Clinical Research

Rosetta Chiavacci, RN, BSN, CCRC
The Children's Hospital of Philadelphia
(Pediatrics)

Stephen C. Peiper, MD
Thomas Jefferson University

John L. Ryan, PhD, MD
Medical Consultant (Asthma)

Informed Consent: Learn What it is and Watch a Patient Participate in an Informed Consent Process

Linda Fleisher, MPH
Fox Chase Cancer Center

John Furlong, Thomas Jefferson University

Nina T. Gentile, MD, Temple University
Hospital and School of Medicine

Ana E. Núñez, MD
Women's Health Center of Excellence,
Drexel University College of Medicine

Steven Steinbrueck, MPH
Stonebridge GCP Consulting, Inc.

Clinical Research Focus on HIV/AIDS

David Alcid, MD
Saint Peters University Hospital

William R. Short, MD
Thomas Jefferson University

Ellen Tedaldi, MD
Temple University School of Medicine

Clinical Research Focus on Cardiovascular Disease

Joseph F.X. McGarvey, Jr., MD, FACC
Doylestown Hospital

David Whellan, MD
Thomas Jefferson University

Noreen P. Withers, RN, BSN
Doylestown Hospital

Darla Hendricks, Clinical Research Volunteer

Clinical Research Focus on Neurological Disease

Rodney Bell, MD
Thomas Jefferson University

Theresa Paylor, RN
Drexel University College of Medicine

David Tabby, DO
Drexel University College of Medicine

12:30 PM—1:00 PM **Lunch**

1:00 PM—2:00 PM **Closing Session**

Keynote Address

Liz and Jay Scott, Alex's Parents
Alex's Lemonade Stand Foundation
for Childhood Cancer

Thank You Ceremony for Clinical Research Volunteers

Tear off this panel and keep it handy
in case you have questions later.

What is a Clinical Trial?

Clinical trials (also called clinical research) are research studies in human volunteers to answer specific health questions. Some clinical trials test new drug combinations or therapies for the treatment of disease, while others study strategies for disease prevention, diagnosis and screening. Carefully conducted clinical trials are used to find treatments that work in people and improve health.

Volunteering for a Clinical Trial

Behind every medicine and treatment are the people who give the gift of participation in clinical trials. Each of the 2.3 million individuals who participate in 80,000 clinical trials each year contributes to greater scientific understanding and moves researchers closer to new treatments and potential cures for a wide range of illnesses. Volunteering for a clinical trial also may carry some risk. The experimental treatment may not be effective, or participants may suffer unpleasant, serious, even life-threatening side effects. It is important to learn as much as you can about a clinical trial, including the potential benefits and risks, before enrolling in it.*

*Excerpted from the *Gift of Participation: A Guide to Making Informed Decisions about Volunteering for a Clinical Trial* by Kenneth Getz.

Search Clinical Trials

Find out more about clinical trials in Philadelphia by visiting www.searchclinicaltrials.org.

Created as a free public service, this search engine assists people in identifying clinical trials available in the U.S. and provides educational resources, the latest news, and scientific developments that enable patients to make informed decisions about participation.



CISCRP is an independent nonprofit organization dedicated to educating and empowering people to make informed decisions regarding participation in clinical research. CISCRP does not recruit patients for clinical trials and does not conduct clinical trials.

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